



# Parish Newsletter

## Pūrongo a te Pāriha

106 Powderham Street, PO Box 32, New Plymouth | 9 am to 4 pm | (06) 757 3682

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Emergency Phone 027 224 2100

Twenty eighth Sunday in Ordinary Time – 9 October 2022

## SUPPORT LIFE SUNDAY 2022 TAUTOKONA TE RATAPU WHAKAORA

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**YOU ARE NOT ALONE – ACCOMPANYING AND  
CARING FOR PEOPLE WITH MENTAL ILLNESS**

#### An Examination of Conscience

Take a moment to quickly skim the reflection points below, taking note of which question(s) challenge you most deeply.

1. How might I be able to more actively listen to the response of another when I ask "How are you?"
2. How honest am I about the reality of my life, particularly my struggles, when people ask how I am?
3. In what ways do I think differently about mental illness from other illnesses?
4. How do I respond to people with a mental illness? Am I likely to use cliches and platitudes instead of truly empathising?
5. Do I ever avoid people I know who are struggling with their mental health?
6. Do I carelessly use language to describe situations or behaviour which diminishes or makes light of mental illness?
7. How can we make our parish faith community more inclusive and inviting for people who are mentally ill and their whanau?

Commit yourself to one or more practical actions you can take.

 **Te Huinga o ngā Pihopa  
Katorika o Aotearoa**  
New Zealand Catholic Bishops Conference

 **THE NATHANIEL CENTRE**  
THE NEW ZEALAND CATHOLIC BIOETHICS CENTRE

#youarenotalone  
#eharahokiitemeakokoeanake



### You are not alone:

Accompanying and caring for people living with mental illness: *Ehara hoki i te mea ko koe anake*

Twenty-Eighth Sunday in Ordinary time: 9 October 2022

This year the theme chosen by the New Zealand Catholic Bishops for Support Life Sunday is Mental Illness, with the focus on accompanying and caring for people living with mental illness.

It is fitting that New Zealand's [Mental Health Awareness Week](#) finished the Sunday before on 2 October, providing a wonderful point of entry for Catholic parishes to reflect on and discuss what is such an important and urgent topic.

There are times when each of us struggle psychologically; when things are tough, when dealing with the death of one we love, when facing our own death, when the dreams we have for our relationships and our work, for our children and our security seem to unravel. It is appropriate and even necessary to acknowledge the struggle with mental health at these times since the struggle turns us to Jesus who is THE healer, the guide, and the one ready to accompany us through present difficulties to greater human maturity and therefore to greater maturity of faith.

*"Let nothing perturb you, nothing frighten you. All things pass. God does not change. Patience achieves everything."*  
Teresa of Avila

## ENCOUNTERING THE LORD IN THE LITURGY WITH FATHER ALLISTON

### Encountering the Lord in the Liturgy

Hosted by Father Alliston  
Fernandes



**Thursday 13 October 7.15pm to 8.45pm.** Be inspired by Pope Francis' 2022 Apostolic Letter to Catholics on the Liturgy and Mass

**Monday 17 October 7.15pm to 8.45pm** Walk through the Mass– revealing its hidden treasures, immense power and beauty

Both sessions in St Joseph's hall Devon Street, Supper room

Fr. Alliston will be celebrating Mass 10.30am at Bell Block Mass Centre Sunday 16 October

**OUR VISION: The Catholic Parish of New Plymouth is a healthy and growing Eucharistic faith community that brings people to Christ, forms disciples, and sends them out to transform the world. We commit to worship, to grow, to serve, to connect, and to give.**

## COLLECTIONS/DONATIONS

August 2022 Collection Totals:

Clergy Trust Fund:	\$8,719.70
Parish:	\$30,220.00
Māori Education	\$1,482.00

## SACRAMENTAL

**OLDER CHILDRENS' BAPTISM 2022:** Early in term four we will begin preparations for Baptism for children who are seven years of age and over. The programme will consist of an information session for parents, where we will go over what the programme entails, and the expectations and commitment required from families.

The date for this information session will be:

**Sunday 6th November 4pm in St Joseph's Church Hall.** Children are welcome to come along to Shine, our junior youth group, which runs at this time. If, after this first session, you decide that your family is ready to commit to this programme the next three sessions are as follows:

Sunday 13th November 4pm  
Sunday 20th November 4pm  
Sunday 27th November 4pm

These sessions are for parents and children. After these sessions we will then all go as a whole group to 5.30pm Mass at St Joseph's Church. Then the celebration - where all of the children will celebrate their Baptism will be held on Sunday 4th December.

Please get in touch via email before October 31st to register your interest in attending the information session on 6th November. If you have any further questions please get in touch. Karen Maclean, Young Families Minister - [youngfamilyminister@catholicparishnp.nz](mailto:youngfamilyminister@catholicparishnp.nz)

**COMMENCEMENT OF RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA):** RCIA is the normative way of journeying with adults who desire to be initiated into our parish family and the community of the Catholic Church.

Our RCIA information session will be held on 16th October, 2-3pm, St Joseph's hall supper room.

Please consider coming for this and/or invite a family member/friend who is interested in exploring the Catholic faith to this information session. For more information email [ahjchow@xtra.co.nz](mailto:ahjchow@xtra.co.nz)

**SCHOOL HOLIDAYS:** There will be no Masses celebrated at the colleges or at St Pius X school from 3 October to 16 October. No Adoration at Sacred Heart Girls College until Tuesday 18 October.

**ILLUMIN8 AND SHINE YOUTH GROUPS:** Youth groups are taking a break over the school holidays. No youth groups - Sunday 2 October or Sunday 9 October. Will resume next Sunday 16 October.

**PLANNED GIVING ENVELOPES:** We thank all those who give so generously to the parish with Planned Giving. Planned Giving envelopes for the 2022/2023 year are available for collection from the church foyers. We are starting to slowly hand deliver these envelopes where we can.

## GENERAL NOTICES

**WEEKDAY MASSES:** Because our priests will be in Palmerston North next week, there will be Communion services on Tuesday and Wednesday. Fr Alliston (see leaflet) and Fr Trung (Catholic Parish of Hastings) will be celebrating Masses with us Sunday 16 October. Fr Trung is the Vocation director for the Diocese of Palmerston North.

**TOM'S DIARY:** Black A4 2022 Diary. Lost somewhere? Left somewhere? The aging process is taking hold. If you know of its whereabouts, or see it somewhere, please let the Parish Office know. Thank you. Tom.

**SPECIAL MINISTERS OF THE SICK:** An extra person (or more) is needed to join one of the teams who take Communion to the residents at the Hospital Wing and Secure Unit at Jean Sandel Retirement Village. Communion is taken from the 9.00am Mass at St Joseph's. Residents gather in the lounges and a short Liturgy is offered with Communion. We have a roster, so it is a turn every two or three weeks. If you are interested in sharing in this ministry or wish to know more, please contact Naomi 027 292 7051.

**CATHOLIC WOMENS' LEAGUE:** are showing a 3 minute PowerPoint at the end of 9.00am Mass at St Joseph's & 10.30am Mass at Our Lady Help of Christians 16 October. CWL members will be available to talk to interested people after Mass. Enjoy too their sales table and the raffles. (We don't have eftpos so do bring some cash to Mass).



**We are The Dynamic Da Vincis, a group of five Year 10 Boys from Francis Douglas Memorial College. We have placed several mask bins around New Plymouth to collect disposable masks for our Community Problem Solving project. We are aiming to reduce the masks that litter our streets by turning them into sculptures that will be placed around our community.**

**You can find our bins at Puke ariki library and Museum**

**INVITATION TO THE PRIEST JUBILEE MASS:** All parishioners are warmly invited to the Mass to celebrate the **Jubilees of Priestly Ordination**, Tuesday 11 October at 12.05 pm in the Cathedral of the Holy Spirit. The presider will be Cardinal John Dew. The priests celebrating Jubilees this year are: Fr. Joe O'Sullivan (65 years), Fr. Dominic Heslin (60 years), Fr. Paul Kerridge (60 years), Fr. Joe Grayland (30 years), Fr. Anthony Zaw Htun (20 years), Fr. Simon Story (20 years). Congratulations Fr Simon.

**LIFTING OF COVID 19 PANDEMIC RESTRICTIONS:**

All Covid restrictions that we have been observing, apart from Communion from the chalice which will be resumed at a date in the future, have been lifted.

Therefore, for those who are comfortable, the wearing of a mask is no longer required. Some people may wish to continue this practice which they are welcome to do. Holy water is available for blessing oneself. We may shake hands for those comfortable to do so.

Those wishing to receive communion on the tongue please come forward at the end of the communion procession. Thank you The Liturgy Committee.

**UNBORN REMEMBRANCE DAY:** The killing of innocent and vulnerable pre-born babies is a concern for all New Zealanders, as thousands of preborn babies are lost to abortion every year (13,236 in 2020). Voice for Life invites you to join their members in gathering to mark "Unborn Remembrance Day" at 1pm on Saturday, 29th October outside the David St entrance of Taranaki Base Hospital. Peaceful vigils will be held in unison outside abortion facilities, all around NZ as witness to the tragic loss of those aborted in 2021. A minute's silence will be observed and crosses laid in memory of every preborn child whose life was ended by abortion. See [facebook](#) or [www.voiceforlife.org.nz](http://www.voiceforlife.org.nz) for more details.

**SUPPORT LIFE SUNDAY HELPLINES**

Need to talk? Free call or text [1737](tel:1737) any time for support from a trained counsellor.

[Lifeline](#) – 0800 543 354 (0800 LIFELINE) for counselling and support.

[Depression Helpline](#) – 0800 111 757 to talk to a trained counsellor about how you are feeling or to ask any questions.

[Suicide Crisis Helpline](#) – 0508 828 865 (0508 TAU-TOKO) For people in distress, and people who are worried about someone else.

[Healthline](#) – 0800 611 116 for advice from trained registered nurses.

[Samaritans](#) – 0800 726 666

[Youthline](#) – 0800 376 633, free text 234 or email [talk@youthline.co.nz](mailto:talk@youthline.co.nz). For young people, and their parents, whānau and friends.

[What's Up](#) – 0800 942 8787 (for 5–18-year-olds; Mon to Fri midday–11pm and weekends 3pm–11pm).

[Kidslines](#) – 0800 54 37 54 (0800 KIDSLINE) – for young people up to 18 years of age. Open 24/7.

[SPARX](#) – an online self-help tool that teaches young people the key skills needed to help combat depression and anxiety.

**SOCIETY OF ST VINCENT DE PAUL:**

The St Joseph's Conference of St Vincent de Paul needs more members.

We are a very active group, working hard to serve the poor and disadvantaged people of our city.

We see the person of Christ in every person we encounter, and do whatever is within our capacity to help them.

Our works include the Community Meal, the Whare Kai, furniture pickup and delivery, visiting those who ask to be visited, advocacy for those who need a hand to represent themselves with helping agencies. We champion social justice in all its forms. The Conference has recently become accredited to sponsor a refugee family under the Government supported CORS (Community Organisation Refugee Sponsorship programme). We expect to receive a refugee family in 2023.

We have seven members and around 80 wonderful Associate members / volunteers – mostly parishioners - who help with the work of the Conference.

We are looking for people to become members, attend our monthly meetings in the supper room at the church, offer ideas and practical support to maintain and expand our current activities.

Just as important as the face to face work in the community, is the organisation behind the work: - The creation and follow up of rosters the record keeping, the help with fund raising ideas, familiarity with helpful computer programmes etc. You don't need to leave your home to help with these skills.

If you think you might want to get involved with St Vincent de Paul, we will be holding **an information session on Wednesday 12 October in the supper room at the hall at 7.00pm**. Contact Gabrielle 758 9228.

**We pray for our deceased family and friends:** Manuele Meafua, Stella Gordon, Marie Harbottle, Clotilda Dias, Cajetan Dias, Anthony Jerry Dias, Leonard Heal, Paul Hartigan, Alex and Fer-mine Dias, Ahmai and Ahpai Fernandes, Maree Keegan, Peter Wicky and Ossie Hickman.



## WEEKLY MASSES: 10th October to 16th October 2022 (Third Sunday of the month)

	MON 10 Oct	TUES 11 Oct	WED 12 Oct	THURS 13 Oct	FRI 14 Oct	SAT 15 Oct	SUN 16 Oct
St Joseph's Church	8.00am	8.00am C/S 12.05pm C/S	8.00am C/S	8.00am	8.00am 12.05pm	8.30am	9.00am 5.30pm
Our Lady Help of Christians		9.10am C/S	9.10am C/S	9.10am		5.30pm	10.30am
St Patricks Okato						6.00pm	
Bell Block Mass Centre							10.30am Mass

(C/S) denotes Liturgy of the Word with Holy Communion.

For updated Mass information, please refer to the APP or Website [www.catholicparishnp.nz](http://www.catholicparishnp.nz)

**SACRAMENT OF RECONCILIATION:** Saturdays 11.30am – 12 noon St Joseph's Church OR 4.45pm at OLHC prior to the 5.30pm vigil Mass.

**KINGDOM KIDZ CHILDREN'S LITURGY:** Each Sunday at OLHC Parish 10.30am Mass. A special Children's Liturgy in the St John Bosco School staffroom with fun craft activities.

**NO SCHOOL MASSES:** There will be no Masses celebrated at the colleges or at St Pius X school from 3 October to 16 October.

### WEEKLY:

**ADORATION** – No adoration at St Joseph's Church this week 12 October. No Adoration at Sacred Heart Girls College during the school holidays, will resume Tuesday 18 October.

Adoration at OLHC after Wednesday 9.10am Mass.

**MORNING PRAYER** – Monday, Tuesday and Friday 7.40am and Saturday's 8.10am – Go to back door of Parish Office building.

### "My Church" APP

To set up the Parish App on your smart phone to receive all the latest parish information as soon as it is available, plus the newsletter.



- Step 1: Text CPNPAPP to 818 to download!
- Step 2: Select what groups you want to 'follow'
- Step 3: Set up your profile
- Step 4: Try the Give function – we really appreciate any donation you can make.

### MINISTRY TEAM:

**Priests:** *Simon Story, Vui Hoang & Tom Lawn*

[simon@catholicparishnp.nz](mailto:simon@catholicparishnp.nz)

[vui@catholicparishnp.nz](mailto:vui@catholicparishnp.nz)

[tom@catholicparishnp.nz](mailto:tom@catholicparishnp.nz)

**Accounts Administrator** *Teresa*

[accounts@catholicparishnp.nz](mailto:accounts@catholicparishnp.nz)

**Office Administrators** *Claire OR Ireen* **06 757 3682**

[reception@catholicparishnp.nz](mailto:reception@catholicparishnp.nz)

[office@catholicparishnp.nz](mailto:office@catholicparishnp.nz)

**Music Coordinator** *Amelia*

[musiccoordinator@catholicparishnp.nz](mailto:musiccoordinator@catholicparishnp.nz)

**Young Families Minister** *Karen*

[youngfamilyminister@catholicparishnp.nz](mailto:youngfamilyminister@catholicparishnp.nz)

**Youth Minister** *Rain*

[youth@catholicparishnp.nz](mailto:youth@catholicparishnp.nz) OR Cellphone: 027 757 3612

**Leadership Team** [leadershipteam@catholicparishnp.nz](mailto:leadershipteam@catholicparishnp.nz)